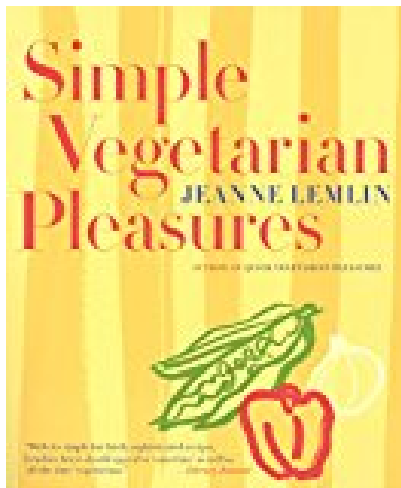


Simple Vegetarian Pleasures



BOOK DETAILS

- Author : Jeanne Lemlin
- Pages : 336 Pages
- Publisher : William Morrow Cookbooks
- Language : English
- ISBN : 0060932465

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BOOK SYNOPSIS

Jeanne Lemlin is keenly aware that were all vegetarians some of the time and that what we crave is delicious food, quick and simple to prepare. In *Simple Vegetarian Pleasures*, she provides 200 tempting recipes to fulfill your every wish. With her tips for keeping your pantry and refrigerator stocked to simplify meal preparation and her vibrantly flavored recipes, you have the keys to a terrific meal. Pressed for time? Because you'll already have onions, eggs and cheese on hand, a Caramelized Onion Omelet is a fast and delicious supper. Always skipping breakfast? A pan of Blueberry Oat Muffins will provide you with several days worth of breakfasts on the run. Expecting guests? Start with an African-inspired Peanut Soup, followed by Potato, Spinach and Feta Cheese Gratin, a main dish that's both hearty and elegant. Finish with a Nantucket Cranberry Cake that you assembled in minutes and baked during dinner; it's easy, fast and fabulous. Jeanne's many fans already know that the flexibility and range of her recipes encourage you to take advantage of seasonal fruits and vegetables. Her menu suggestions let frazzled cooks move serenely from soup to nuts without that pressed-for-time anxiety. Whether you're vegetarian all the time or only three days a week, a crossover vegetarian, or even a carnivore who enjoys meatless dishes, Jeanne Lemlin has your food right here -- simply delicious and deliciously simple.

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