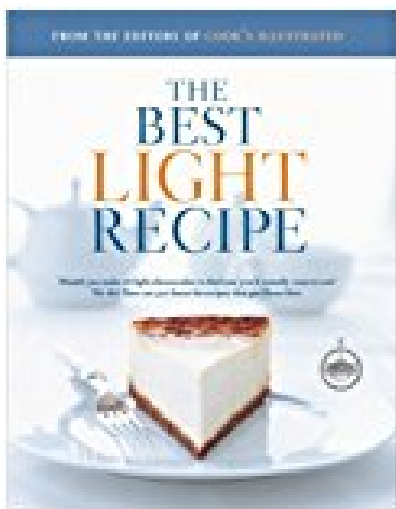


The Best Light Recipe



BOOK DETAILS

- Author :
- Pages : 384 Pages
- Publisher : Cooks Illustrated
- Language : English
- ISBN : 0936184973

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BOOK SYNOPSIS

Complemented by more than one thousand cooking tips from the experts at Cooking Light, a richly illustrated, comprehensive guide to healthy cookery features one thousand kitchen-tested, tasty, and nutritional recipes, along with menu suggestions, nutritional analyses, and cooking and preparation times. 70,000 first printing.

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